



Overview of Violence Against Children: Adverse Childhood Experiences (ACEs) & Prevention through Anticipatory Guidance

**Dr Rajeev Seth MD (AIIMS) , FIAP, FAAP (USA)
Vice President Indian Academy of Pediatrics (IAP) NZ**

National Coordinator,

Prevention of Violence Against Children(P-VAC)

Past Chair Indian CANCL

www.iapindia.org : Email: sethrajeev@gmail.com



Sustainable Developmental Goals (SDG) 2030

Target 16.2 :“End abuse, exploitation, trafficking and all forms of violence against, and torture of, children”



Ending Violence against Children



End violence against children...



16.2 End abuse, exploitation, trafficking, and all forms of violence against and torture of children



5.2 Eliminate all forms of violence against all women and girls in public and private spheres, including trafficking, and sexual and other types of exploitation

5.3 Eliminate all harmful practices, such as child, early and forced marriage, and female genital mutilation



8.7 Elimination of the worst forms of child labour, including slavery, human trafficking, and recruitment and use of child soldiers, and by 2025 end child labour in all its forms



4.a Provide safe, non-violent, inclusive, and effective learning environments for all

4.7 Ensure that all learners acquire knowledge... [for] promotion of a culture of peace and non-violence



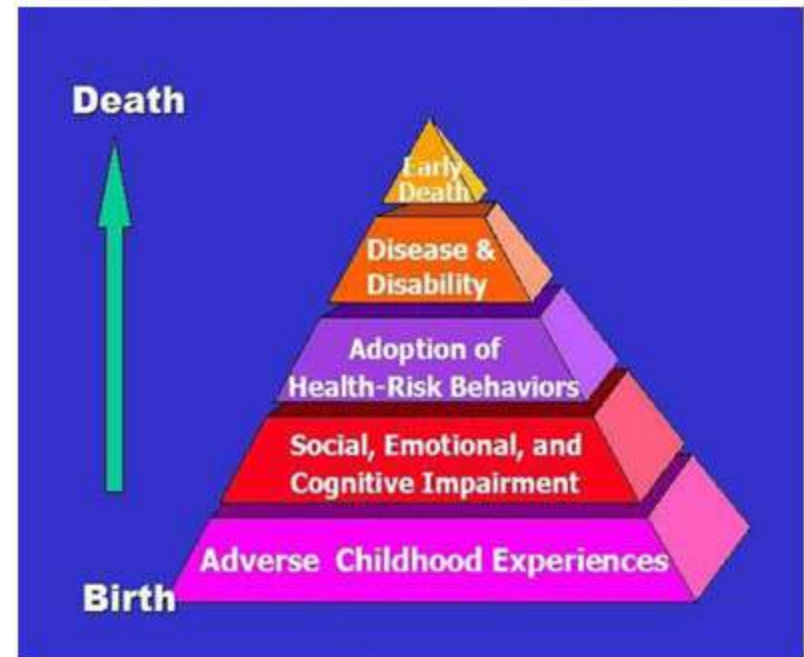
Relationship Of Ace With Development Of Several Adult Onset Diseases: A Well Designed Epidemiologic Research Study

- ▶ Felitti VJ, Anda RF, Nordenberg D, et al.
- ▶ Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: the adverse childhood experiences (ACE) study.
- ▶ American Journal of Preventive Medicine 1998; 14(4): 245-58.



Adverse Childhood Experiences (Ace Study)

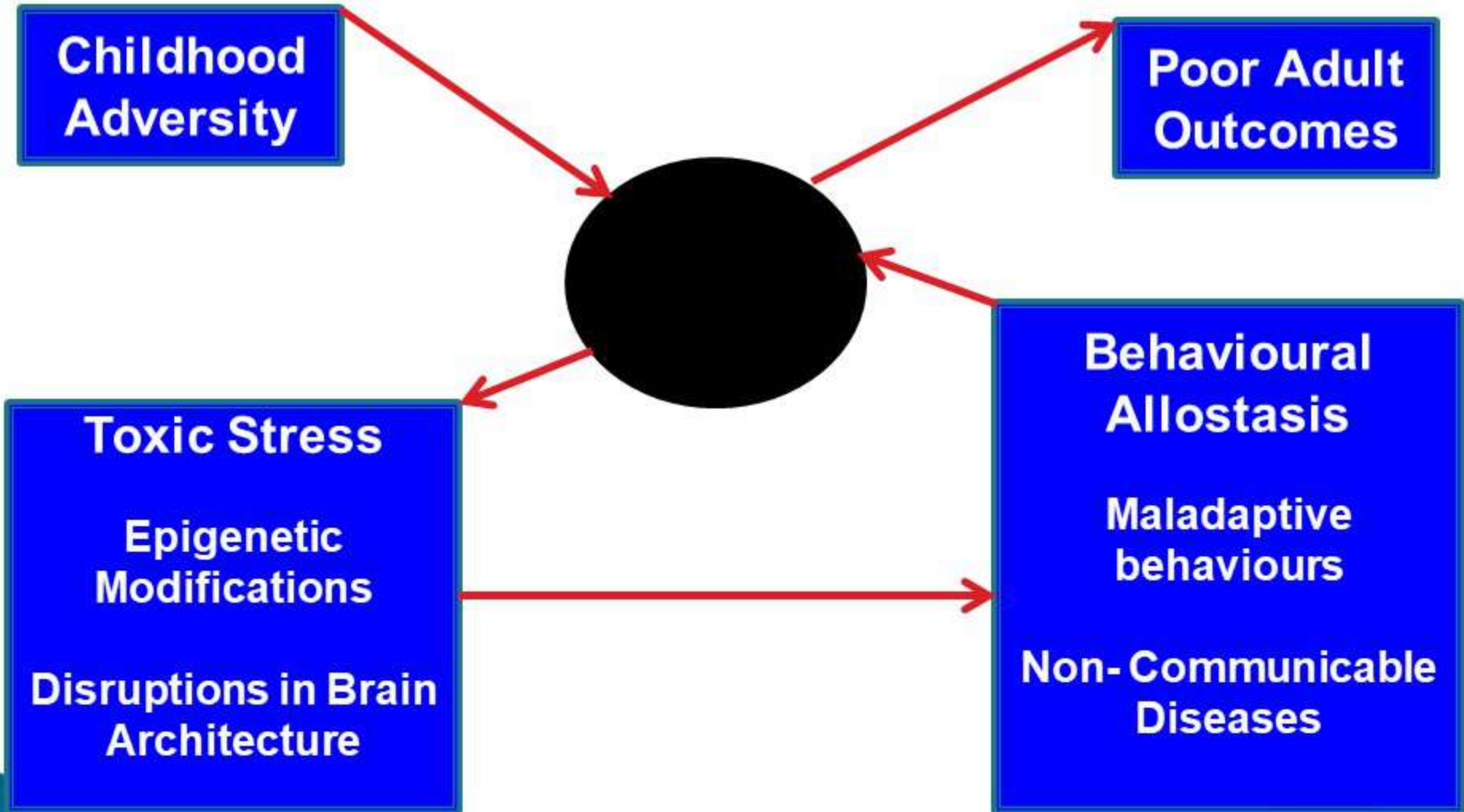
- ▶ Effect of child maltreatment on adult health
- ▶ Toxic Stress
- ▶ Epigenetic changes
- ▶ Higher prevalence of adult onset disease,
 - such as Hypertension,
 - Diabetes,
 - CAD,
 - Depression, Substance abuse



Felitti VJ Am J Prev Med. 1998 May;14(4):245-58.



Detect Child Abuse Early To Prevent Ace And Poor Adult Health Outcomes



Mechanism Linking Ace To Health And Development

- Social environments create adverse living conditions experienced by children and adolescents
- Physiological mechanisms through which ACEs influence lifelong health
- Understanding on how a variety of determinants of ACEs interact to modify risk and confer protection

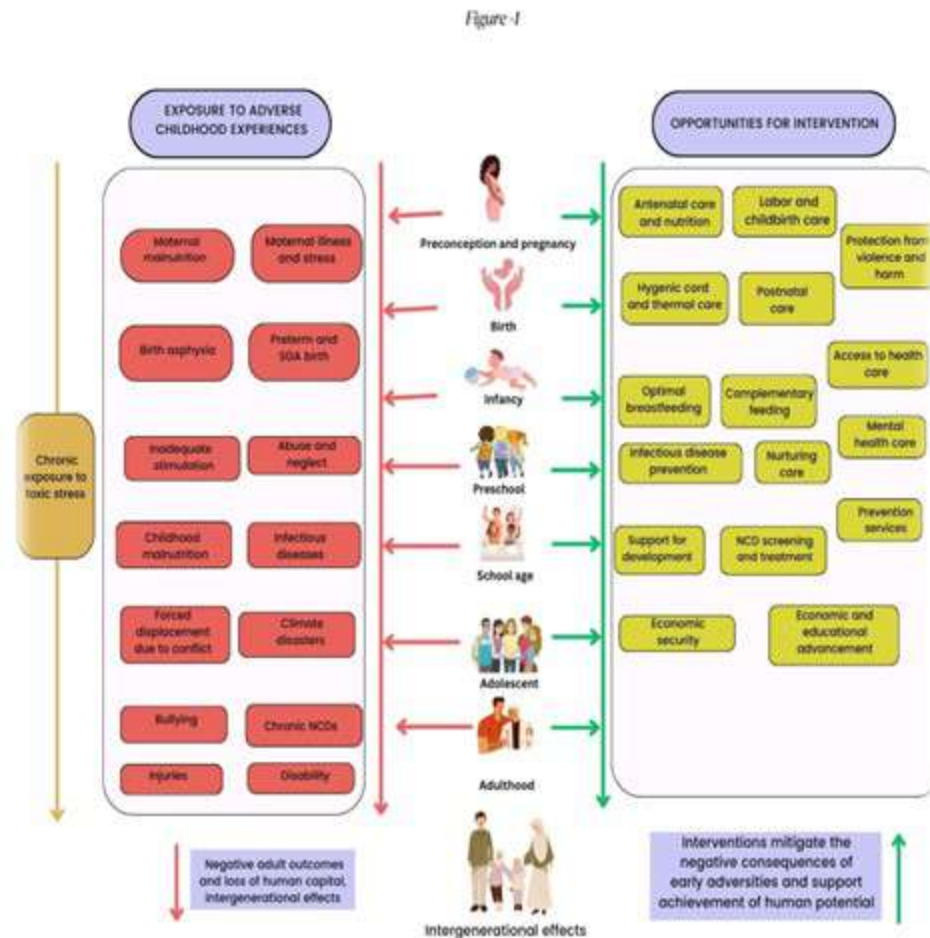


Fig. 1 | Adverse childhood experiences and opportunities for intervention across the life course.

Physiological Mechanisms Through Which Adces Influence Lifelong Health

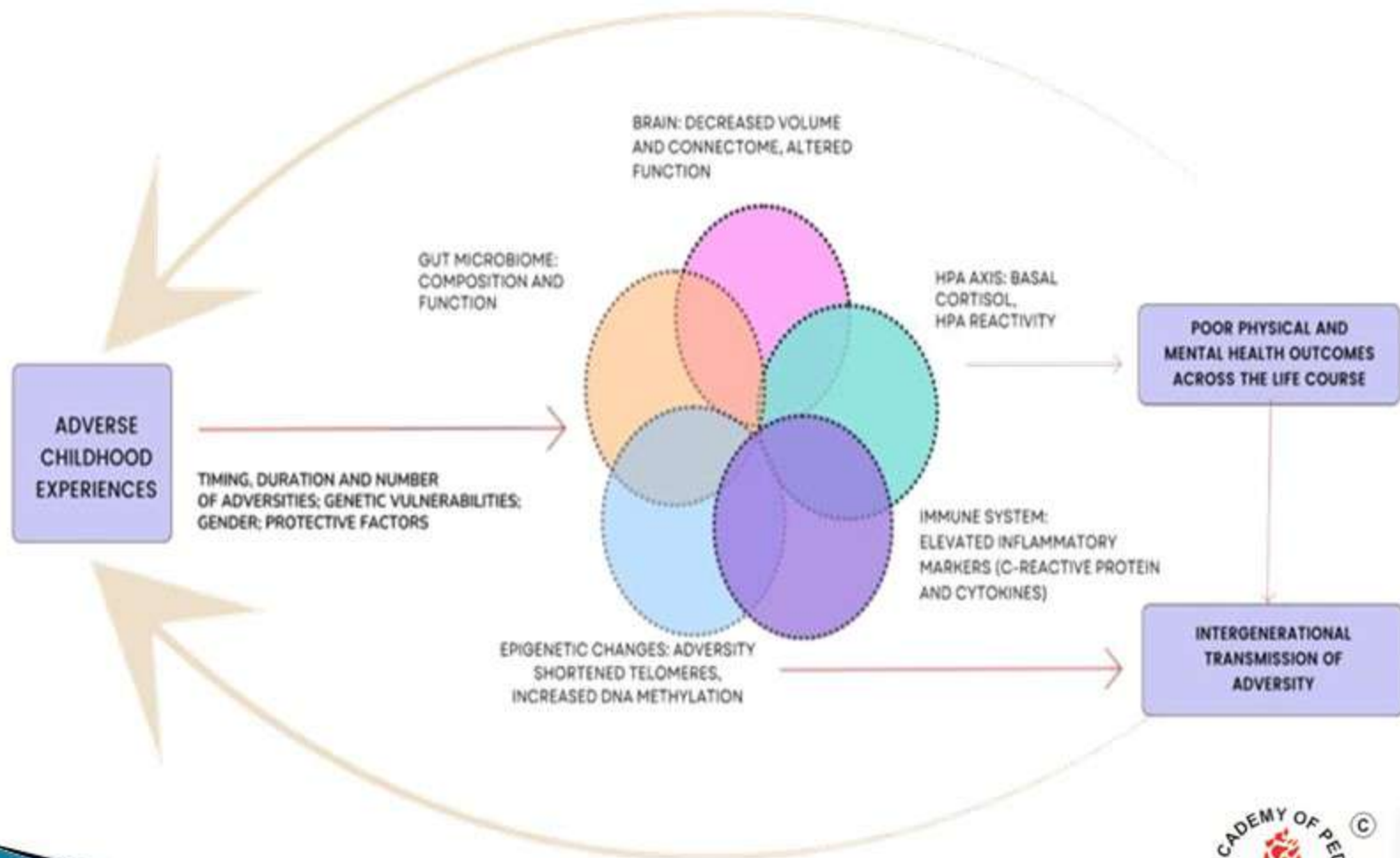


FIG. 2 | MECHANISMS BY WHICH ADVERSE CHILDHOOD EXPERIENCES IMPACT NEURODEVELOPMENT AND HEALTH OUTCOMES

INSPIRE –Seven strategies to end violence against children (WHO)

INSPIRE: Seven strategies to end violence against children



Implementation and enforcement of laws



Norms and value change



Safe environments



Parental and caregiver support



Income and economic strengthening

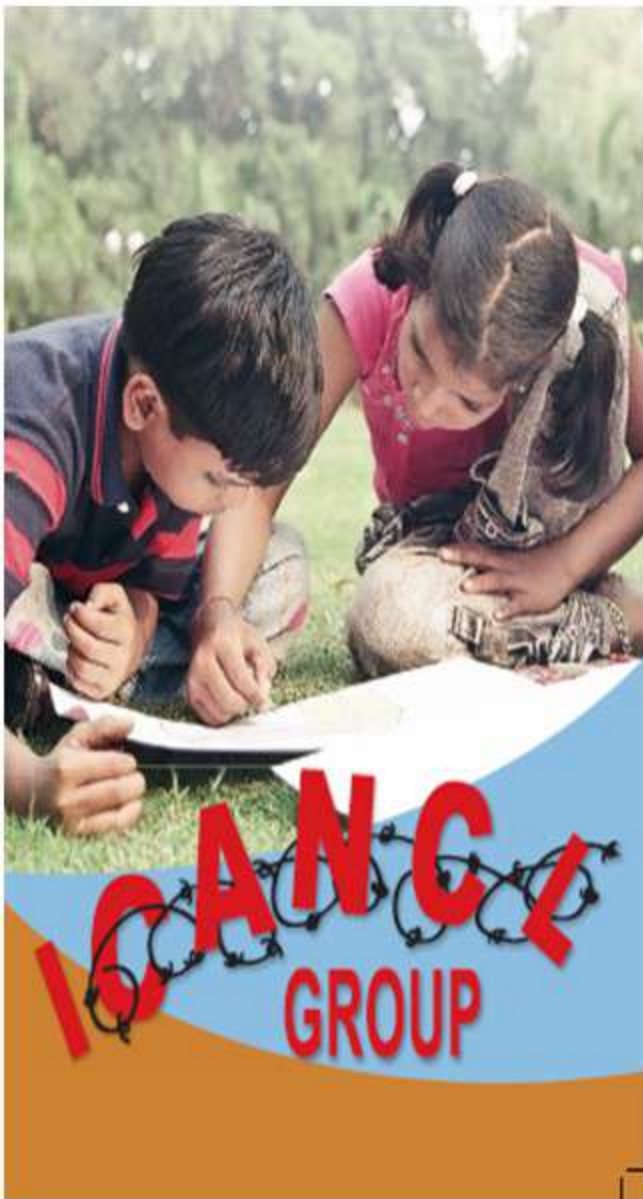


Response and support services



Education and life skills

An Integrated & Strategic Approach to Ending Violence



Indian Child Abuse,
Neglect and Child Labour (ICANCL) Group
<http://www.icancl.org>

a Chapter of the Indian Academy of Pediatrics
Website: <http://icancl.org>

